

Innovative Solutions for Suicide Prevention

LIVINGWORKS

President's Message: A world free from suicide loss

Imagine a world free from suicide loss—a world where no one experiences the pain of a co-worker, friend, or family member taking their own life. How do we get there? What does it take to build that world?

At LivingWorks, we've spent more than 35 years thinking about these questions and working toward answers. When I started as President in 2018, I was excited to help this organization grow from its strong foundation, including over 2,000,000 people empowered with life-saving skills and the most robust evidence base in the industry.

What would it take for us to reach an even higher level—to realize a world-changing impact? To find out, we surveyed thousands of our trainers and talked at length with key customers and stakeholders. The resulting transformation is captured in this document: everything from our new brand and training programs to our vision for how we empower communities.

Communities are the key. They come in many forms—they're the places where people live, work, play, and learn. Throughout all of them, everyone has a role to play in saving lives from suicide. When we empower large numbers of people with life-saving skills, they create a network of safety, hope, and support for those around them. By ensuring that skilled help is available wherever it's needed, we can provide community-wide coverage and ensure that no one slips through the cracks.

LivingWorks stands ready to empower people in any community or organization with proven, evidence-based programs. We'll work with you to understand your needs, develop a suicide prevention strategy, and provide a training solution that prepares everyone to play a life-saving role.

As more and more communities are supported with skills that keep people safe and alive, together we'll build a world free from suicide loss.



“When we empower large numbers of people with life-saving skills, they create a network of safety, hope, and support throughout their communities.”

Rick Trimp, President



WE ARE LIVINGWORKS

WE *strive* for a **World** 
FREE FROM
Suicide Loss
by empowering
ALL PEOPLE 

to **PLAY** a **ROLE** in their **OWN**
LIVES and the **LIVES** of **OTHERS**.

Through **INTEGRATED**
TRAINING PROGRAMS
That *teach* 
LIFE-SAVING skills
we help people forge
CONNECTIONS 
and **TAKE**
action 
to keep their organizations,
workplaces, and communities **SAFE**.

Together these actions are...

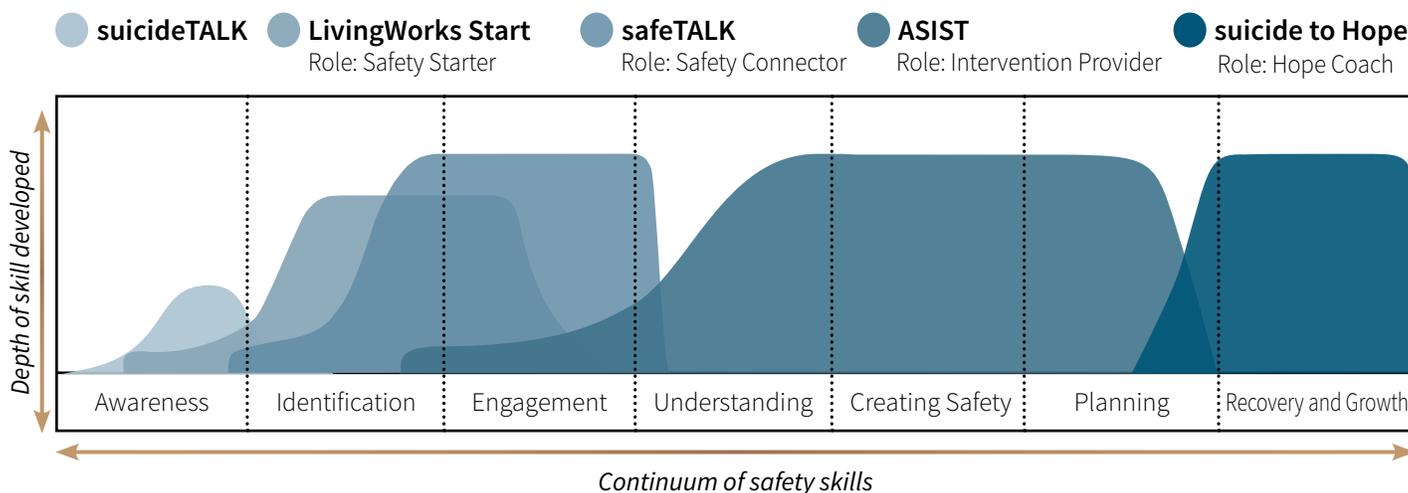
HELPING to BUILD a WORLD
WHERE LIVING WORKS

The LivingWorks approach to suicide prevention

Our innovative approach is the only one of its kind. Here's how it works:

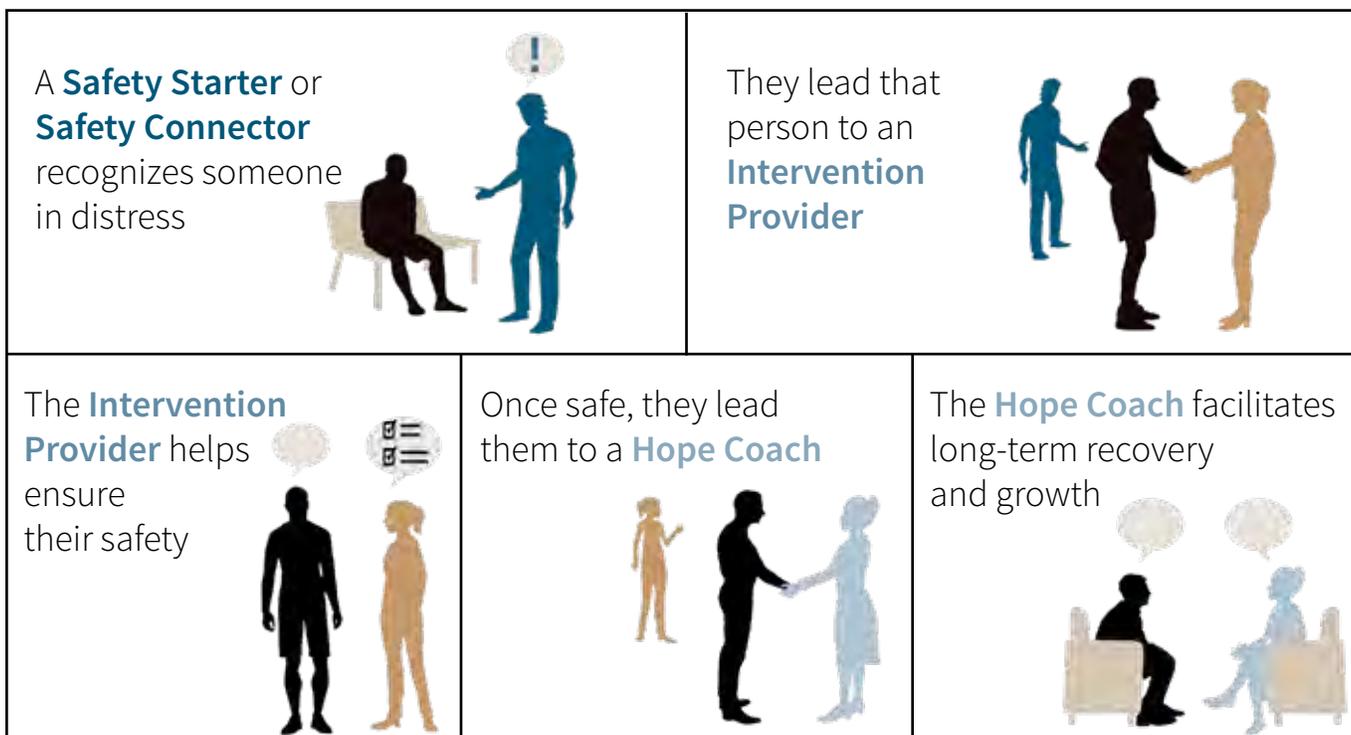
Role-based training

There are several roles to play in preventing suicide. When people are playing the role they feel best suited to, they're more likely to use their skills to help someone. No matter what their role will be, LivingWorks provides training to help them prepare.



Integrated training

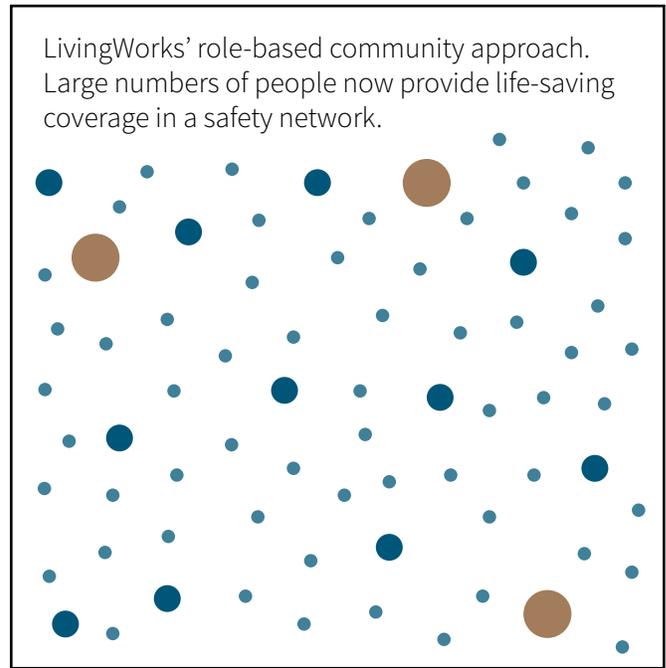
LivingWorks training is designed around integration. No matter their role, all trainees learn common terms and concepts so they can collaborate to keep people safe and alive. Together, they create an integrated safety network that offers hope and support.



Population (public) health focus

Learnable by anyone, LivingWorks programs are designed to make an impact at the population level. We can quickly and effectively train large numbers of people to provide widespread, integrated safety coverage for a community or organization.

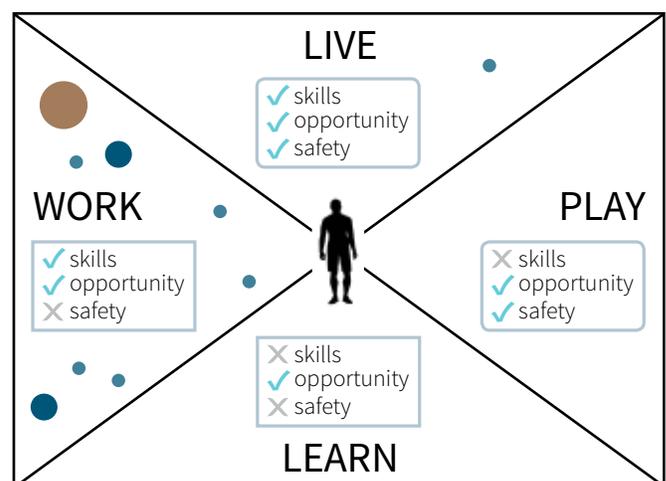
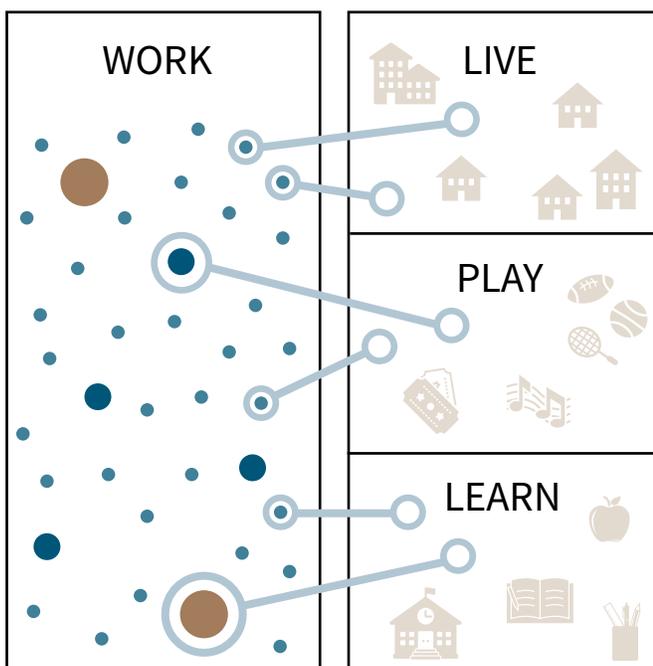
● LivingWorks Start ● safeTALK ● ASIST



Building skills where people live, work, play, and learn

Skills learned in one environment are transferable to others, creating a life-saving impact across the community.

Help is possible when **skills, opportunity, and safety** are present. When these are available throughout the different facets of someone’s life, they’re more likely to receive help.



In this example, skills and opportunities are present at work, but the person may not feel safe seeking help there. At home, all three are available thanks to a LivingWorks Start-trained family member.

LivingWorks Start™

1+ hour online

Role: Safety Starter

Recognize when someone has thoughts of suicide and take action to connect them to an intervention provider.

- △ Useable on any computer, smartphone, or tablet
- △ Interactive practice and simulation
- △ Built-in safety resources and features



LivingWorks Connect

Powerful Integrated App
that brings all our
programs together

With Connect's interactive dashboard, you can:

- ✓ Rehearse and walk through an intervention
- ✓ Access a wealth of resources and support
- ✓ See your organization's training numbers and progress
- ✓ Track interventions and see the impact in real time

LivingWorks safeTALK™

4 hours face-to-face

Role: Safety Connector

Learn in-depth skills to recognize someone's thoughts of suicide, engage them, and ensure they reach an intervention provider.



- △ Live instruction, audiovisuals, and simulation
- △ Powerful, easy-to-learn engagement model
- △ Built-in safety resources and features

LivingWorks ASIST™

2 days face-to-face

Role: Intervention Provider

Provide a skilled intervention to help someone find and hold onto their reasons for living, and create a safety plan to keep them alive.



- △ Live instruction, audiovisuals, and simulation
- △ Trusted by professionals yet learnable by anyone
- △ Built-in safety resources and features

LivingWorks suicide to Hope™

1 day face-to-face

Role: Hope Coach

Once someone is safe after a suicide crisis, help them recover, grow, and work toward improved quality of life.



- △ Tools and skills for professional helpers
- △ Live instruction, audiovisuals, and simulation
- △ Facilitates long-term stability and improvement





Together we can save and change lives

LivingWorks can bring our innovative, population-based approach to any organization or community. **We've trained over 2,000,000 people in our evidence-based programs, including:**



Community Members



Counselors, Social Workers, and Clinicians



Crisis Line Workers



Faith Communities



Military Personnel & Veterans



Educators & Students



Construction Workers & Tradespeople



Emergency & Protective Services



Workplaces & Agencies

With LivingWorks, you're getting more than just training—you're receiving lasting skills, resources, and support. Here's how we can empower your organization or community to save lives:

Guidance and Strategic Planning

Our team will get to know you and understand your needs. Using a consultative approach, we will help you develop a suicide prevention strategy and offer guidance to help you succeed.

Hosted Workshops and Support

We'll take care of the logistics, bringing skilled, quality-assured trainers to present workshops when and where you need them. We will work with your key stakeholders throughout the entire process to ensure a positive experience for all.

Train-the-Trainer Courses

You can train your own in-house trainers to build up capacity. We'll help you identify the best candidates and set them up for long-term success.

Contact us

Canada/International

Calgary, Alberta, Canada
Tel: **403.209.0242**
Toll Free (in NA): 1.888.733.5484
Email: info@livingworks.net

United States

Fayetteville, North Carolina, USA
Tel: **910.867.8822**
Toll Free (in NA): 1.888.733.5484
Email: usa@livingworks.net

Australia

Tuggerah, NSW, Australia
Tel: **1300 738 382**
Email: info@livingworks.com.au
www.livingworks.com.au

www.livingworks.net

1.888.733.5484