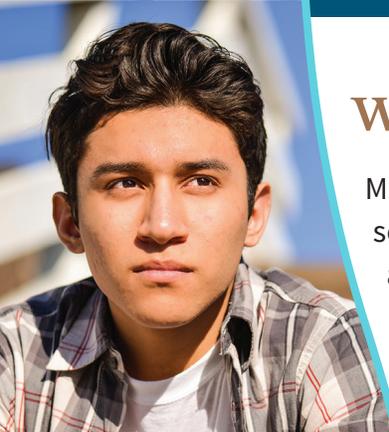




Our Story, Vision, and Mission

LivingWorks is the global gold standard when it comes to training in suicide awareness, prevention, and intervention. Our story can be found here and with nearly 2,500,000 people trained worldwide, from Australia to Zambia, our vision of a life-affirming, suicide-safer world is one where everyone can feel that living works.



Why Suicide Prevention Matters

Many people are surprised to learn that they'd be much more likely to save someone's life with suicide intervention skills than with CPR. Suicide is not only a top 10 cause of death in most countries, it's also one of the most preventable. LivingWorks provides training to organizations around the world—from hospitals to mental health agencies to schools to military bases—so that their people can help make a life-saving difference.



Our People

LivingWorks Leadership Team and Board of Directors bring the vision and innovation to help us achieve our mission of saving lives from suicide. Together they provide expertise in public health, psychology, social work, counseling, evaluation science, education, law, advocacy, finance, business, military, and faith-based perspectives. Read more about our leadership team here. LivingWorks leaders are available for comments and insights on suicide and its prevention—please contact communications@livingworks.net to arrange an interview.





Our Brand

Please contact communications@livingworks.net for high-resolution versions of our logo.



The story behind the logo mark:

- Contains the letters L and W, representing LivingWorks visually
- Shaped like a mountain, honoring our founders and origins near the Rocky Mountains
- The inside forms a path, symbolizing the paths people take toward safety
- Is delta-shaped, the symbol for change—just like the change we want to create in communities everywhere



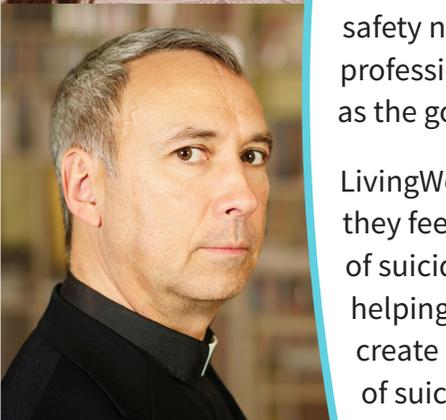
Our Training Programs

The LivingWorks approach to suicide prevention is rooted in the belief that everyone in the community can make a difference, no matter their background or experience. LivingWorks training is designed to provide them with the knowledge and skills to do so. These trainees aren't meant to replace professional helpers such as counselors and social workers, rather they build out a wider community safety net to recognize people who need help, and in many cases work alongside professionals. What's more, the in-depth LivingWorks ASIST program is recognized as the gold standard in suicide prevention training for many professional fields.

LivingWorks training is role-based so that everyone in a community can play the role they feel suits them best: whether that's recognizing when someone has thoughts of suicide and connecting them to help, providing an in-depth intervention, or helping someone recover and grow after a suicide crisis. Together, these roles create a network of safety that offers hope and support to a person with thoughts of suicide.

All LivingWorks programs are evidence-based. There are over 50 peer-reviewed studies and government reports showing that LivingWorks programs build trainee knowledge and skills, improve outcomes for intervention recipients, and even provide a strong return on investment for organizations that deploy them.

To learn more about this evidence, contact communications@livingworks.net.





Our Programs Include:



LivingWorks Start

A 90-minute online training that teaches people to recognize when someone is having thoughts of suicide and connect them to help. LivingWorks Start includes simulations (including texting exercises) and customizable content, along with ongoing access to resources.



LivingWorks safeTALK

A 3-4 hour in-person workshop for up to 30 participants at a time. LivingWorks safeTALK teaches people to recognize when someone is having thoughts of suicide and help them connect to safety resources, and includes in-person practice.



LivingWorks ASIST

A 2-day in-person workshop for up to 30 participants at a time. LivingWorks ASIST is the gold standard in suicide intervention training and is widely used by professionals in many fields. It teaches trainees how to provide a comprehensive suicide intervention and keep someone safe.



LivingWorks suicide to Hope

A 1-day in-person workshop for professional helpers such as counselors. It provides trainees with tools to help people work through their thoughts of suicide once they're safe after a crisis so they can attain long-term recovery and growth.

More details on our programs can be found [here](#).



LivingWorks Social Media

 <https://www.facebook.com/LivingWorksEducation/>

 @Living_Works

 <https://ca.linkedin.com/company/livingworkseducation>

 <https://www.instagram.com/livingworkseducation/>



LivingWorks Australia Social Media

 <https://www.facebook.com/livingworksaustralia/>

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LivingWorks Overview

Download the LivingWorks Overview [here](#).



Media Contact

Contact us with any questions and for the opportunity to try out LivingWorks Start for your story: communications@livingworks.net

